

**MINUTES OF THE ADULTS AND HEALTH SCRUTINY COMMITTEE MEETING
HELD AT 7.00 PM, ON
Tuesday, 14 March 2023
BOURGES/VIERSEN ROOM, TOWN HALL, PETERBOROUGH**

Committee Members Present: S Barkham (Chair), S Qayyum (Vice-Chair) G Elsey, S Farooq, B Rush, J Allen, C Harper, N Bi, H Skibsted, L Robinson, Co-opted Member Sandie Burns

Officers Present: Jyoti Atri, Director of Public Health
Debbie McQuade, Service Director, Adults and Safeguarding
Belinda Evans, Compliant Manager
Gurdev Singh, Head of Commissioning, Adult Social Care
Ramin Shams, Senior Democratic Services Officer

Also Present: Caroline Walker, Chief Executive Northwest Anglia NHS Foundation Trust
David Moss, Director for Estates & Facilities
Adele McCormack, Service Director for Adults Specialist and Mental Health

43. APOLOGIES FOR ABSENCE

Apologies for absence were received from Co-opted Member Chris De Wilde

44. DECLARATIONS OF INTEREST AND WHIPPING DECLARATIONS

No declarations of interest were received.

45. MINUTES OF THE ADULTS AND HEALTH SCRUTINY COMMITTEE MEETING HELD ON 03 JANUARY 2023

The minutes of the meeting held on Tuesday, 3 January 2023, were agreed as a true and accurate record.

46. CALL-IN OF ANY CABINET, CABINET MEMBER OR KEY OFFICER DECISION

There were no Call-Ins received at this meeting.

47. CAMHS and Adult Mental Health Services

The Service Director for Adults Specialist and Mental Health introduced the report in relation to the CAMHS and Adult Mental Health Services. The report outlined a range of different services that CPFT was commissioned to provide across different age groups. She explained the service was dealing with the most significant challenge regarding post-Covid-19 backlogs and dealing with the shortage of workforce, which was a national matter regarding retaining staff members. The service was committed to the quality of

service provided to meet the quality standard and focused on the staff's wellbeing. The service faced challenges regarding the NHS long-term plan for Mental Health Services and the transformation projects to improve service.

The Adults and Health Scrutiny Committee debated the report, and in summary, key points raised and responses to questions included:

- Members queried about the self-referral data on Table 1, page 17 of the report, and asked why the numbers of self-referrals were higher. The Service Director for Adults Specialist and Mental Health advised Members these referrals could be the same repeat callers, and the service sometimes dealt with the same patient a few times.
- Members requested that the data in Table 1, page 17 of the report could, be broken down to show Peterborough data.
- In response to a question from a Member, the Service Director for Adults Specialist and Mental Health advised that a regular waiting time review meeting for the Children, Young People and Families Directorate of CPFT had provided a forum to adopt a structured, methodical approach to reducing the length of waits and the volume for mental health services.
- Members asked if it had been difficult to contact the First Response Service through NHS 111 and if any data was available about the GP surgeries referrals. The Service Director for the Adults Specialist and Mental Health advised that data was available for the primary care service. She explained that the referrals from GPs had gone up by 44% during Covid 19 pandemic, and as a result, the service was struggling to meet demands.
- The Service Director for Adults Specialists and Mental Health agreed to provide data on young people who tried to get a referral via GP or School and did not meet the criteria to be seen by mental health services. The data would provide to Members outside of this meeting.
- Members referred to paragraph 4.2.4 on page 20 of the report regarding the waiting times on the service was tackling the backlogs. The Service Director for Adults Specialist and Mental Health advised that the workforce had been a significant issue for the service. The service offered flexible working to staff and weekend working as part of the service initiatives to tackle the backlogs and the impact of Covid.

AGREED ACTIONS

The Adults and Health Scrutiny Committee **RESOLVED** to:

- Note that Cambridge and Peterborough NHS Foundation Trust (CPFT) was commissioned to provide secondary mental health services, specialist inpatient and community services for Cambridgeshire and Peterborough and across the East of England. CPFT is a key partner in the C&P Integrated Care System (ICS), as host organisation for the Mental Health, Learning Disability and Autism Accountable Business Unit (MHLDA ABU);
- Note that challenges for CPFT reflect the national picture for increasing referrals to services, gaps in the workforce across a whole range of healthcare professions and the impact of the increasing cost of living.

48. Food Environment within Hospitals and Hospital Food Trust Standards

The Chief Executive of Northwest Anglia NHS Foundation Trust (NWAFT) and the Director of Estates and Facilities at Peterborough City Hospital introduced the report, providing the Committee with an overview of the food and food standards at the Peterborough City Hospital (PCH). She explained that both inpatient and staff food

services were outsourced through the PFI contract and were provided by Medirest on the PCH site. Inpatient catering was offered through simplicity, providing a greater meal choice. A menu of 26 dishes with three meals was available per meal sitting.

The Adults and Health Scrutiny Committee debated the report, and in summary, key points raised and responses to questions included:

- Members were informed that the menu for patient catering was changed every six months to prevent menu fatigue. The changes were based on the menu choices made by patients. Feedback was obtained through patient satisfaction surveys, friends and family tests, staff satisfaction surveys and food-tasting sessions. The feedback obtained was shared with Medirest to enable improvements to be made. The information was also shared through the performance process and joint operational meetings to ensure improvements were identified and addressed.
- The Director of Estates and Facilities advised Members that he was working closely with the dietitians to ensure that the patients received the nutrition they needed. The Hospital Food Strategy ensured patients had access to food and were kept hydrated. He explained that food and drink were treated as medicine to patients, as it would ensure quick recovery of patients. The Food and Drink Strategy's success was measured through an annual review of the strategy to ensure compliance and improvements and would benchmark against other similar organisations.
- Members queried that the Hospital served a diverse ethnicity and asked what cultural food variety the Hospital offered. The Director for Estate and Facilities advised that the Hospital there was a pre-conception about the hospital food, which was not true, and offered a variety of foods, including halal and kosher. He explained that he was not aware of any complaints made against the food standards in the Hospital.
- Members queried that the NHS website stated that higher consumption of processed meat could lead to cancer, and the food offered at the Hospital contradicts the NHS website by offering processed meat. The Chief Executive NWAFT advised Members that it was a fair point, but some people were vulnerable and needed food to recover, and any food was better than no food, and people were not in the Hospital for a longer time.
- Members were advised that the Trust was working on actions required to be fully compliant with each of the eight-recommendation detailed in section 4.1. A Food and Drinks Strategy had already been put in place, and a sub-group would be created to address the requirements of each recommendation. Quarterly Trust Board papers would be prepared to provide updates and assurances regarding progress.

AGREED ACTIONS

The Adults and Health Scrutiny Committee **RESOLVED** to note the information provided regarding hospital food and food standards for the purpose of a compliance update.

49. Adult Social Care Annual Complaints Report 2021-22

The Complaint Manager introduced the report in relation to the Adults Social Care Annual Complaints Report 2021-22, which provided a summary of the Adult Social Care statutory complaints and compliments received between 1 April 2021 and 31 March 2022.

She explained that the complaints team handled all complaints about Council services and determined the correct process for each complaint received. A small number of

complaints were received about the Adult Social Care department and followed alternative processes such as the corporate complaints process.

AGREED ACTION

The Adults and Health Scrutiny Committee **RESOLVED** to note the summary of Adult Social Care statutory complaints and compliments received between 1 April 2021 and 31 March 2022 and the learning and actions taken as a result.

50. Mental Health Section 75 Partnership Agreement: Annual Report

The Head of Commissioning for Adult Social Care introduced the report, which outlined services delivered through the section 75 Partnership agreement provided good quality, specialist assessment, treatment and support for adults living with mental health difficulties in Peterborough.

He explained that Peterborough City Council had delegated the delivery of social care mental health services and specified statutory duties for people with mental health needs ages 18 years and over to the CPFT through a partnership agreement under section 75 of the National Health Services Act 2006.

AGREED ACTIONS

The Adults and Health Scrutiny Committee **RESOLVED** to endorse the report as a full account of service and financial performance, activity, and outcomes under the Section 75 Partnership Agreement.

51. FORWARD PLAN OF EXECUTIVE DECISIONS

The Senior Democratic Services Officer introduced the report, which included the latest version of the Council's Forward Plan of Executive Decisions containing decisions that the Leader of the Council, the Cabinet or individual Cabinet Members would make during the forthcoming month. Members were invited to comment on the plan and, where appropriate, identify any relevant areas for inclusion in the Committee's Work Programme.

AGREED ACTIONS

The Adults and Health Scrutiny Committee **RESOLVED** to note the report.

Chair

7.00 – 8.31 pm